**BRFSS: Behavioral Risk Factor Surveillance System.**

The BRFSS was established in 1984 to collect data about health- related risk behaviors, and now collects data from more than 400,000 telephone interviews conducted each year. You can find more information about how they perform their sampling here: cdc.gov/brfss/about/index.htm. This dataset sample of those surveys.

**Info on variables:**

**genhlth**

respondents were asked to evaluate their general health as either “excellent”, “very good”, “good”, “fair”, or “poor”.

**exerany**

whether the respondent exercised in the past month; 0 for “no” and 1 for “yes”

**hlthplan**

has health coverage; 0 for “no” and 1 for “yes”

**smoke100**

has smoked at least 100 cigarettes in their lifetime; 0 for “no” and 1 for “yes”

**height**

respondents’ height in inches

**weight**

weight in pounds

**wtdesire**

desired weight

**age**

age in years

**gender**

two categories of gender; m, f